

Cosmetic Consultation Welcome to Godwin Plastic Surgery

Patient Name: _____ Date: _____

1. What Brings You In

Area(s) of concern or procedure(s) you're interested in exploring:

How familiar are you with this procedure?

☐ I've researched it extensively ☐ I know the basics ☐ Just starting to look into it

2. Your Goals

On a scale of 1 to 5, how would you describe the outcome you're hoping for?

1 Subtle, natural-looking change **5** Significant, noticeable change

☐ **1** ☐ **2** ☐ **3** ☐ **4** ☐ **5**

What's motivating you to consider this now? (check all that apply)

- ☐ Personal choice / wanting to feel more confident
- ☐ An upcoming event or milestone
- ☐ A health or functional reason
- ☐ A recommendation from a friend, family member, or another physician
- ☐ Other: _____

In your own words, what are you hoping to achieve?

3. A Bit About You

Is this decision entirely your own, or influenced by others?

☐ **My own decision** ☐ **Encouraged by someone else** ☐ **A bit of both**

Have you experienced any major life changes or increased stress in the past six months? ☐ **Yes** ☐ **No**

(Optional — this simply helps us make sure the timing feels right for you. Feel free to leave blank.)

4. Anything Else?

Is there anything else you'd like Dr. Godwin to know before your consultation?

We sincerely appreciate the opportunity to care for you. Thank you for placing your trust in us—we are committed to providing exceptional care and the best possible outcome.